



Scotland 2030 : Fitter or Fatter? Education Scotland : hungry for more food education

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Transforming lives through learning

1906	Free meals for 'poor' children	1872	Education (Scotland) Act compulsory schooling 5-13 no longer the responsibility of churches – provided a broad framework for a national system
1944	Education Act made school food provision compulsory	1908	Education (Scotland) Act free school meals & emphasis on physical education – schools seen as agency of social welfare
1945	School meals were described by as having 'a vital place in national policy for nutrition and well-being of children'	1936	Free secondary education introduced
1980	Education (Scotland) Act removed obligation for free school meals	1950	The Primary School in Scotland
1988	Compulsory Competitive Catering introduced	1965	The Primary Memorandum update
2003	Hungry for Success	1980	Education (Scotland) Act
2008	Health Promotion & Nutrition Act	1993	Curriculum & Assessment in Scotland National Guidelines
2009	Scotland's 1st National Food & Drink Policy	2004	Introduction of Health & Nutrition Inspectors
2014	Better Eating, Better Learning	2010	Introduction of Curriculum for Excellence
2014	Beyond the School Gate	2012	Food education investment from Food & Drink directorate
2015	Setting the Table	2013	Food for Thought funding for schools
2017	Review of school food regulations	2016	Scottish Food Education Survey
		2017	Benchmarks for food Broad General Education

FOOD FOR THOUGHT

Exploring food and drink through curriculum for excellence

Food for Thought created suite of resources to support Curriculum for Excellence

[Food for Thought resources](#)

Fund launched in 2013

£1,604,463.00 awarded to schools across Scotland

576 successful applications

1083 schools

(at least) 75,000 learners

[What does a successful application look like?](#)

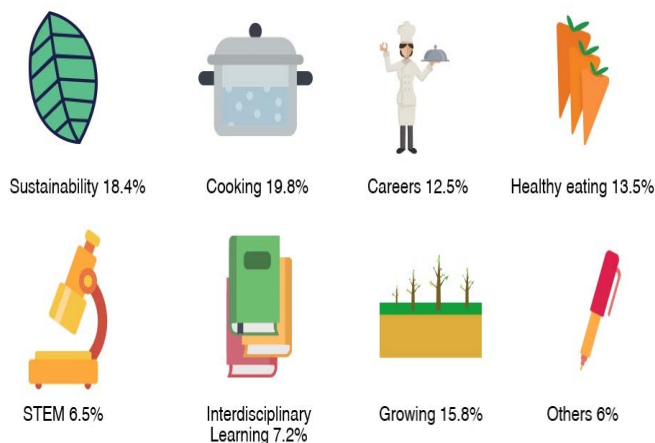
[Who can help food education in Scotland?](#)

GLOW support for schools

Developing Scotland's Young Workforce

Business support - Food for Thought Phase 4

School project: main themes



In Phase 1

232 schools were involved in total – each working with a local business
176 businesses engaged with schools, some with more than one school
Scottish Business in the Community matched **55** schools with **over 60** businesses

In Phase 2

411 schools were involved – each working with a local business
214 businesses engaged with schools, some with more than one school
Scottish Business in the Community matched **67** schools with **over 90** businesses

In Phase 3

174 schools were involved – each working with a local business
230 businesses engaged with schools, some with more than one school
Business in the Community (Scotland) matched **58** schools with **89** businesses

In Phase 4

134 schools were involved – each working with a local business
152 businesses engaged with schools, some with more than one school
Business in the Community (Scotland) matched **62** establishments with **62** businesses


Current situation?

Scottish Education Survey findings

Primary (432 schools)

- Lack of onsite facilities
- Lack of staff training / confidence to deliver practical cookery
- Lack of time to plan & prepare practical cookery
- Lack of funding for food experiences

Secondary (150)

- Critical staffing situation
 - Lack of funds to deliver curriculum entitlement
 - Time barriers for delivery of sessions
 - Image of subject
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Penny for my food thoughts?

What should school food / food education look like in 2030?

- Practical cookery mandatory as part of Initial Teacher Education
 - All schools embed a whole school approach to school food and food education
 - Schools prioritise Health & Wellbeing based on measures around school food / food education / obesity 'targets' or 'measures'
 - All young people leave school with a 'bank' of food skills and recipes
 - Schools have the necessary resources, funding and equipment to deliver practical cookery
 - Food Technologists / Food Scientists (current HE) are no longer scarce in high schools and the subject is appealing to all young people.
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